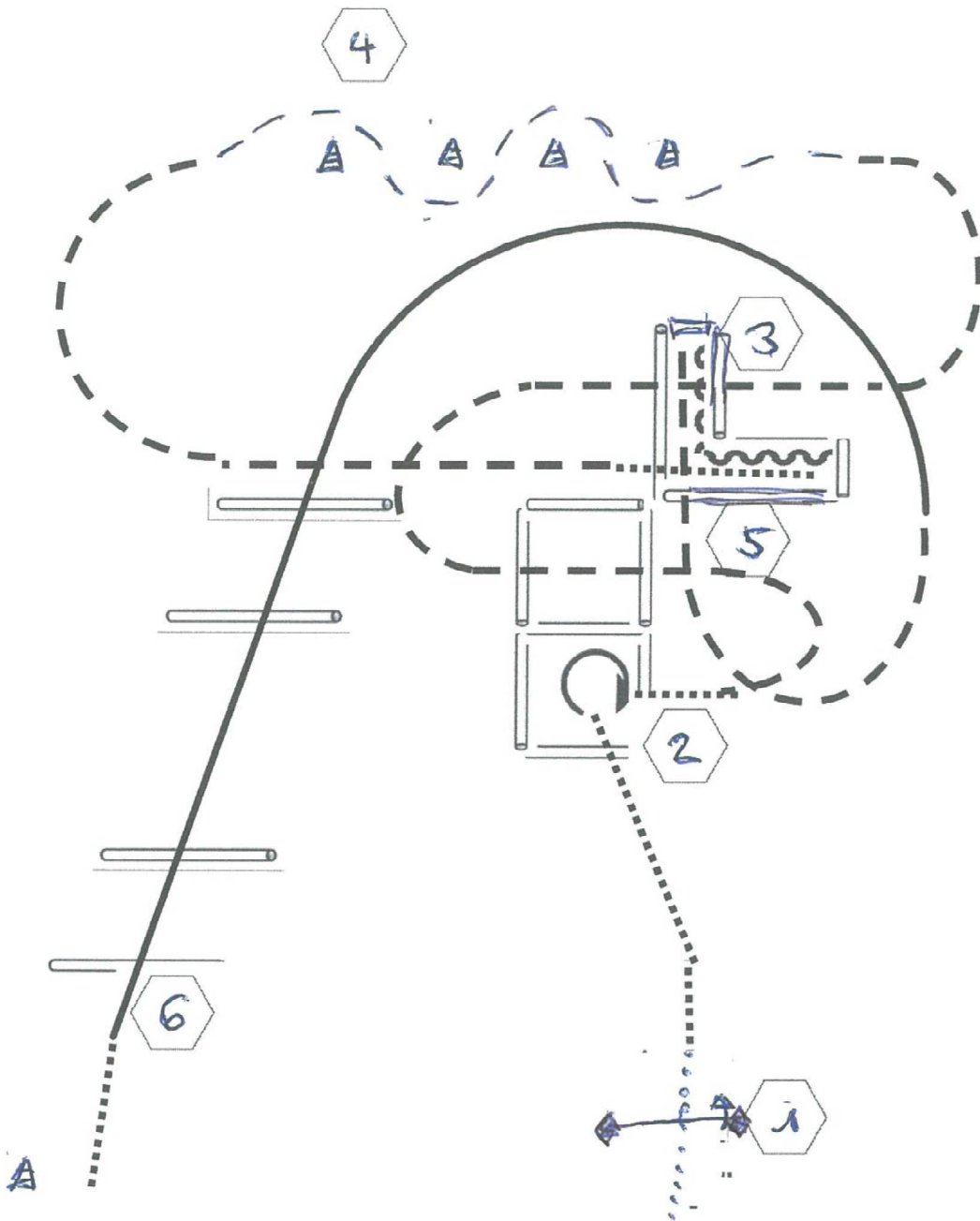


Trail

Kat. C

LK 3A/1-3B



1. Tor
2. Walk in, Drehung 270 Grad links, Walk out
3. Jog Over
4. Jog Stalou
5. Walk in, Back up, Jog out
6. Lope over

	Back Up
	Walk
	Jog
	Lope
	Wechsel
	Erhöhung